

Have more questions? Need more answers?  
Call the HIV/AIDS hotline at 1-800-985-AIDS



# Don't Risk It

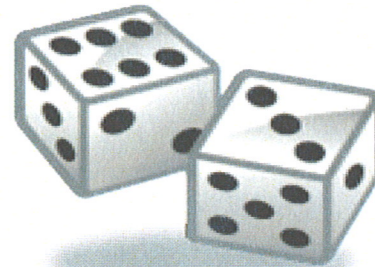
## Know Your Risk Know Your Status

HIV is the human immunodeficiency virus that causes AIDS which is the acquired immune deficiency syndrome. HIV can be transmitted when infected fluids such as blood, semen, vaginal secretions, and breast milk enter the body. Different activities place you at different risk for getting or passing on the virus. Remember, the only way to tell if you are HIV positive or negative is to take the test.

### What are your Risks?

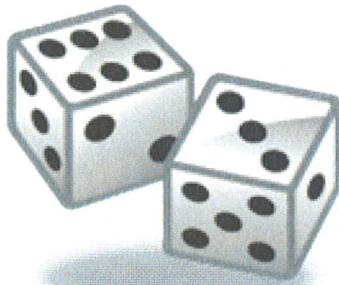
#### High Risk

- \*Vaginal Intercourse
- \*Sharing needles
- \*Anal Intercourse
- \*Breast feeding
- \*Withdrawal (pulling out)



#### Low Risk

- \*Oral Sex
- \*Mutual Masturbation
- \*Grinding with clothes off
- \*Sharing clean sex toys
- \*Tattooing
- \*Body piercing
- \*Fingering
- \*Biting



#### No Risk

- \*Solo masturbation
- \*Sexual fantasies
- \*Massage
- \*Holding hands
- \*Showering together
- \*Hugging
- \*Sharing food and silverware
- \*Passion marks
- \*Grinding with your clothes on
- \*Dry kissing

It's not just who you do but what you do that places you at risk for the transmission of the virus. Know your Risk and Know your Status. For more information about HIV/AIDS or to schedule your free HIV rapid test contact ActionAIDS 267.940.5515